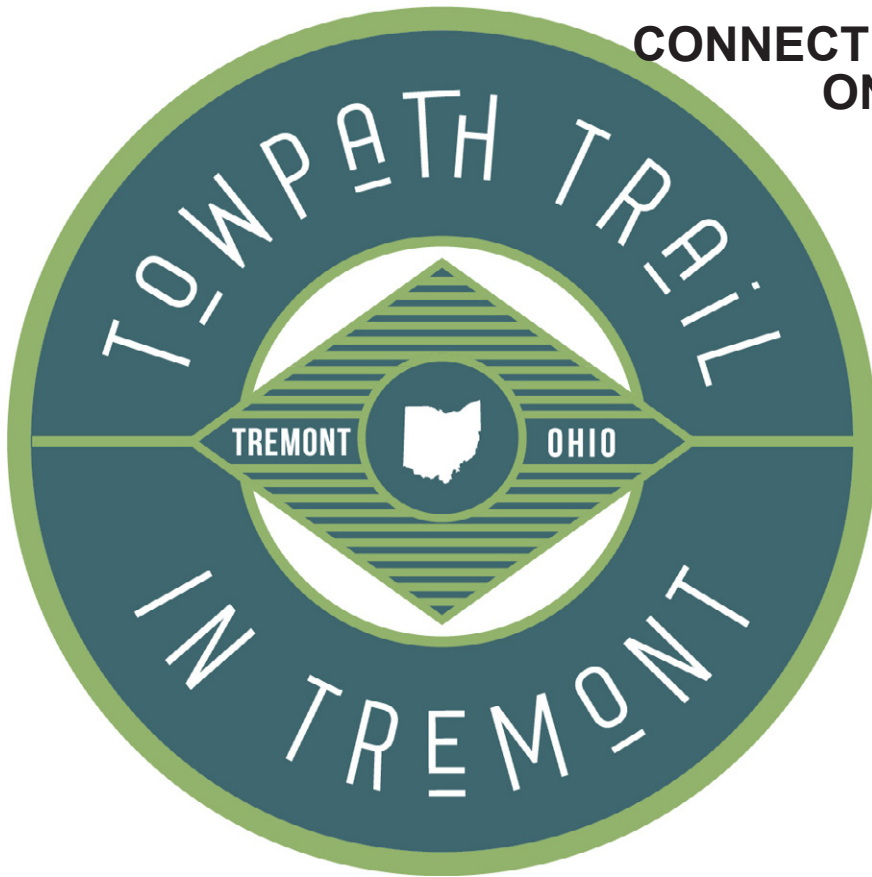


# CONNECT WITH NEIGHBORS & FRIENDS ON THE TOWPATH TRAIL IN TREMONT!



## Join us on the Towpath Trail in Tremont!

**Please come masked and  
practice social distancing.**

We challenge you to get out on the Towpath Trail in Tremont! If you participate in 5 different activities by the end of September, we will reward you with a free incentive. (A gift card to a Tremont business of your choice.)

Group leaders will have Tremont Towpath Participation Cards and will initial to help you keep track. Other ways to participate are to tag @tremontwest on social media and our partners of @OECanalway @WCAudubon @tremontathletic @clevemetroparks or @clevelandpubliclibrary in a photo on the trail.

Email us at [towpath@tremontwest.org](mailto:towpath@tremontwest.org) with any questions about the program. In case of inclement weather, check [experiencetremont.com/towpath-trail](http://experiencetremont.com/towpath-trail) for up-to-date information.

### **Family Group**

When: 2nd Saturdays at 1pm  
(Alternating between the Clark Field Trailhead and Tremont SideYard)  
Volunteer Leader: Tremont West in Partnership with Cleveland Public Library's Jefferson and South Branches

### **History Walks**

When: 3rd Saturdays at 9:30 am  
Where: The Gazebo at Lincoln Park  
Volunteer Leader: Dan Lotz from Tremont History Project

### **Walking Club**

When: 2nd Thursdays at 6:30pm  
Where: Different Location Each Month  
Volunteer Leader: Adrienne Gray  
All skill levels, children, strollers and leashed dogs are welcome!

### **Running Club**

When: 3rd Thursdays at 7:30pm  
Where: The Cleveland Sign on Abbey  
Volunteer Leader: Amanda Hudock from Tremont Athletic Club

### **Tremont Birders\***

When: 4th Saturdays at 9am  
Where: Towpath Public Parking  
Volunteer Leader: In Partnership with Western Cuyahoga Audubon Society  
[www.wcaudubon.org](http://www.wcaudubon.org)

### **Special Programming by Cleveland MetroParks\***

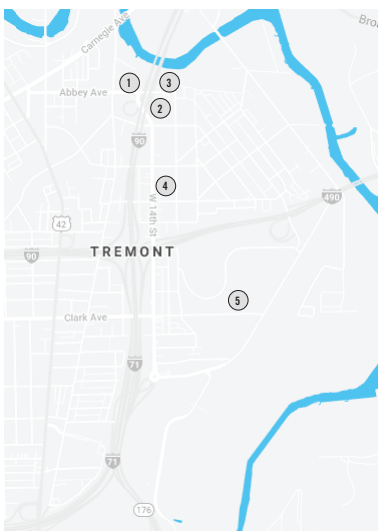
**\*Pre-registration Required**

# [experiencetremont.com/towpath-trail](http://experiencetremont.com/towpath-trail)

Towpath Trail in Tremont programming is a partnership with Tremont West Development Corporation and the Ohio & Erie Canalway National Heritage Area with additional support from Cleveland-Cliffs



Towpath in Tremont Group	Date	Time	Location
Family Group	Sat., May 8th	1:00 pm	Tremont Sideyard
Walking Club	Thurs., May 13th	6:30 pm	Plaza next to Sokolowski's
Tremont History Project	Sat., May 15th	9:30 am	Lincoln Park Gazebo
Running Club	Thurs., May 20th	7:30 pm	Cleveland Sign
Tremont Bird Walk*	Sat., May 22nd	9:00 am	Towpath Public Parking
Cleveland Metroparks*	Sat., June 5th	10:00 am	TBA
Walking Club	Thurs., June 10th	6:30 pm	TBA
Family Group	Sat., June 12th	1:00 pm	Clark Field Trail Head
Running Club	Thurs., June 17th	7:30 pm	Cleveland Sign
Tremont History Project	Sat., June 19th	9:30 am	Lincoln Park Gazebo
Tremont Bird Walk*	Sat., June 26th	9:00 am	Towpath Public Parking
Walking Club	Thurs., July 8th	6:30 pm	TBA
Family Group	Sat., July 10th	1:00 pm	Tremont Sideyard
Running Club	Thurs., July 15th	7:30 pm	Cleveland Sign
Tremont History Project	Sat., July 17th	9:30 am	Lincoln Park Gazebo
Tremont Bird Walk*	Sat., July 24th	9:00 am	Towpath Public Parking
Walking Club	Thurs., Aug. 12th	6:30 pm	TBA
Family Group	Sat., Aug. 14th	1:00 pm	Clark Field Trailhead
Running Club	Thurs., Aug. 19th	7:30 pm	Cleveland Sign
Tremont History Project	Sat., August 21st	9:30 am	Lincoln Park Gazebo
Cleveland Metroparks*	Sun., August 22nd	10:00 am	TBA
Tremont Bird Walk*	Sat., August 28th	9:00 am	Towpath Public Parking
Walking Club	Thurs., September 9th	6:30 pm	TBA
Family Group	Sat., September 11th	1:00 pm	Tremont Sideyard
Running Club	Thurs., September 16th	7:30 pm	Cleveland Sign
Tremont History Project	Sat., September 18th	9:30 am	Lincoln Park Gazebo
Tremont Bird Walk*	Sat., September 25th	9:00 am	Towpath Public Parking
Cleveland Metroparks*	Sat., October 2nd	11:00 am	TBA



- ① CLEVELAND SIGN
- ② TREMONT SIDEYARD / PARKING LOT
- ③ PLAZA NEXT TO SOKOLOWSKI'S
- ④ LINCON PARK GAZEBO
- ⑤ CLARK FIELD TRAILHEAD

\* Must Pre-Register. Limited Capacity. Email [towpath@tremontwest.org](mailto:towpath@tremontwest.org) for details and to register.



[experiencetremont.com/towpath-trail](http://experiencetremont.com/towpath-trail)